



# L.K. INTERNATIONAL SCHOOL, GHAZIABAD

PLANNER FOR THE MONTH OF APRIL (SESSION 2025-26)  
CLASS -VII

## HINDI

WEEK	CONTENT	C.W.	H.W.	DATE / ACTIVITY
WEEK1	पाठ-1 समर्पण  पर्यायवाची शब्द	*पठन, कविपरिचय, पाठपरिचय, कठिनशब्द, शब्दार्थ, वाक्यबनाओ, व्याख्या, प्रश्न- उत्तर  स्पष्टीकरण	*पाठ- 1 समर्पण पढ़े और अभ्यास कार्य पूर्ण करें। *कॉपी में दिए गए शब्दों से वाक्य बनाओं।  *कॉपी में पर्यायवाची शब्द पूर्ण करें।	* इस कविता का कक्षा में सस्वर वाचन कीजिए।
WEEK2	पाठ- 2 हींगवाला  पाठ- 1 भाषा, लिपि, व्याकरण	*पठन, , पाठपरिचय, लेखकपरिचय, कठिनशब्द, शब्दार्थ, वाक्यबनाओ, प्रश्न- उत्तर * पूर्वज्ञानपर आधारित प्रश्न, स्पष्टीकरण *स्पष्टीकरण	*पाठ-2 हींगवाला पढ़े और अभ्यास कार्य पूर्ण करें। *कॉपी में दिए गए शब्दों से वाक्य बनाओं।  पाठ- 1 भाषा, लिपि और व्याकरण दोहराए और अभ्यास कार्य पूर्ण करें।	* किसी फेरीवाले से आपने कुछ खरीदा होगा, जैसे- आम, भुट्टे, मूंगफली आदि। अपने अनुभव कक्षा में सुनाओ।  *पाँच सौ रूपये के नोट पर अंकित भाषाओं के नाम पता लगाकर लिखिए।

<b>WEEK3</b>	पाठ- 3 अगर नाक न होती  विलोमशब्द	पठन, , पाठपरिचय, कठिनशब्द, शब्दार्थ, वाक्यबनाओ, प्रश्न- उत्तर  स्पष्टीकरण	पाठ-3 अगर नाक न होती पढ़े और अभ्यास कार्य पूर्ण करें। *कॉपी में दिए गए शब्दों से वाक्य बनाओ।  *विलोम शब्द कॉपी में पूर्ण करें।	*
<b>WEEK4&amp;5</b>	पाठ- 2 वर्णविचार  पाठ- 4 शब्दविचार  पाठ- 13 संज्ञा	*पूर्वज्ञान पर आधारित प्रश्न, स्पष्टीकरण  पूर्वज्ञान पर आधारित प्रश्न, स्पष्टीकरण *पूर्वज्ञान पर आधारित प्रश्न, स्पष्टीकरण	पाठ-2 वर्ण विचार दोहराए और अभ्यास कार्य पूर्ण करें। *कॉपी में दिया गया कार्य पूर्ण करें।  पाठ- 4 शब्द विचार पढ़े और अभ्यास कार्य पूर्ण करें। * कॉपी में दिया गया कार्य पूर्ण करें। *संज्ञा दोहराए और अभ्यास कार्य पूर्ण करें। *कॉपी में दिया गया कार्य पूर्ण करें।	* किताब में दिए गए विज्ञापन में से देशज, विदेशज, तत्सम, तद्भव शब्दों को छोटकर अलग-अलग लिखिए  * वर्गजाल में से संज्ञा शब्द ढूँढकर दिए गए स्थान पर लिखिए।

## ENGLISH

WEEK	CONTENT	C.W.	H.W.	DATE / ACTIVITY
<b>WEEK 1</b>	<p>Sentence &amp; Its Types</p> <p>Noun</p>	<p><b>Classwork:</b> Explanation of Sentences. Identify types of sentences in given exercises.</p> <p><b>Classwork :</b>Explanation of Nouns &amp; its kinds.</p>	<p>Homework: Write 5 sentences of each type.</p> <p>Homework: Write 5 sentences and underline the nouns .</p>	<p><b>Activity: Sentence Sorting Game</b> – Students pick chits with sentences and classify them.</p> <p><b>Activity: Noun Hunt</b> – Students list objects in the classroom and classify them into types of nouns.</p>
<b>WEEK 2</b>	<p>Pronouns</p> <p>Articles &amp; Determiners</p>	<p>Classwork (C.W.): Explanation of Pronouns &amp; its types.</p> <p><b>Classwork :</b>Explanation of Articles (A, An, The). Determiners (some, many, few, little, etc.). Fill in the blanks exercises</p>	<p>Homework:Write 10 sentences using different pronouns</p> <p><b>Homework:</b> Write a short paragraph using at least 5 different determiners.</p>	<p><b>Activity: Article Race</b> – Students fill in blanks with correct articles in a timed challenge.</p>
<b>WEEK 3</b>	<p>Adjectives</p> <p>– Degrees of Comparison</p> <p>Chapter- 1(The Tale of Vanity and Harmony)</p>	<p><b>Classwork-</b> Explanation of Adjectives &amp; kinds. Fill in the blanks exercises.</p> <p><b>Classwork:</b> Explanation of Positive, Comparative, and Superlative degrees. Practice exercises converting adjectives into degrees of comparison.</p> <p>Reading of the chapter with explanation.Answering short questions from the textbook.</p>	<p><b>Homework:</b> Write 5 sentences and underline the adjectives</p> <p><b>Homework:</b> Write 5 adjectives and use them in all three degrees.</p> <p>Read the chapter again and underline difficult words and students find and write the meanings of five new words from the chapter.</p>	<p><b>Activity:</b></p>

				<p>Comparison Challenge – Students compare objects in class using degrees of comparison.</p> <p>Activity -Write a short paragraph on how harmony can improve relationships in school or family.</p>
<p><b>WEEK 4 &amp; 5</b></p>	<p>Verbs &amp; Kinds of Verbs</p> <p>Chapter- 2( Power of Forgiveness)</p> <p>Boy Who Boasted (Poem)</p>	<p>Classwork: Explanation of Verbs &amp; their types (Action, Helping, Linking).</p> <p>Identification exercises</p> <p>Reading of the chapter with explanations. Answering short and long questions from the textbook.</p> <p>Students-led reading with proper intonation and rhythm.</p>	<p>Homework: Write 10 sentences using different types of verbs.</p> <p>Homework -Read the chapter again and underline difficult words and students find and write the meanings of five new words from the chapter.</p> <p>Home work-Write a short poem about honesty and humility.</p>	<p>Activity:</p> <p>Verb Mime – Students act out a verb, and the class guesses the action.</p> <p>Speaking Activity- Speak about a time when forgiving someone made you feel better.</p>

## MATHEMATICS

WEEK	CONTENT	C.W.	H.W.	DATE / ACTIVITY
<b>WEEK1</b>	Recapitulation of previous class. Introduction of CH-1: Integers	Recall questions on pg-8. Notes of Enrich-1 Enrich-1 {1(a),2(a),3(a),4,5(a),6(a),7(a),8(a)} Notes of Enrich-2 Enrich-2 {1(a,c,e),3(a,c),4,6,8,9}	Enrich-1 {1(b),2(b),3(b),5(b),6(b),7(b),8(b)} Enrich-2{1(b,d,f),3(b,d),5,7}	
<b>WEEK2</b>	CH-1: Integers ( continue)	Notes of Enrich-3 Enrich-3{1(a,d,g),3,4(a,b),5(a),7} Notes of Enrich-4 Enrich-4{1(a,b),2(a,b),3(a),5,7,9} Notes of Enrich-5 Enrich-5{ 1,3,5}	Enrich-3{1( b,e,h),4(c,d),5(b)} Enrich-4{1(c,d),2(c,d),3(b),6,8,10} Enrich-5{2,4,6}	
<b>WEEK3</b>	Introduction of CH-13: Visualising solid shapes	Worksheets and doubt class. Test  Recall questions on pg-205 Note of Enrich-1 Enrich-1{1,3}	Do the worksheet given in class.  Enrich-1{2,4}	Make 3D shapes of the items in your surrounding and learn their properties .
<b>WEEK4&amp;5</b>	CH-13 : Visualising solid shapes (continue)	Enrich -2{1(a),2(a)} Enrich-3{ 1,3} Worksheets and doubt class. Test	Enrich -2{1(b),2(b)} Enrich-3{2,6} Solve the worksheets given in class.	

**SCIENCE**

WEEK	CONTENT	C.W.	H.W.	DATE / ACTIVITY
WEEK1	<b>Biology-</b> Chapter - 1 Nutrients in Plants	Introduction of Nutrition and its types Explanation and discussion of autotrophic nutrition in Plants, question/answers done related to the topics	.Revise the concept done in the class.	
WEEK2	<b>Biology-</b> Chapter -1 Nutrition in plants	Explanation and discussion of Heterotrophic Nutrition,saprotrophs, Replenishing in the soil,question/answer done in chapter .Class test of chapter - 1	.Revise the concept done in the class.  .Do book exercises.  .Revision worksheet.	<b>Activity-A group project</b> – Visit a greenhouse in your city or town.See and find out plants are grown there. Also find out how light, temperature, water and carbon dioxide are regulated.
WEEK3	<b>Chemistry-</b> Chapter-6 Acids,Bases and Salts	.Introduction to acids and bases with an activity .Explanation and discussion of testing for Acids and Bases,types of acids and their properties, question/answers done in class.	Revise the concept done in the class	Lab activity – Test for Acids and Bases by using litmus paper
WEEK4&5	<b>Chemistry-</b> Chapter-6 Acids,Bases and Salts	Explanation and discussion of types of bases and their properties ,salts and their properties, question /answer done in class. .Class test of chapter 6	.Revise the concept done in class.  .Do Book exercises.  .Revision worksheet.	Discussion in class the waste of many factories contain acids. Why is it considered necessary to neutralise them before allowing the waste to flow into the water bodies?

**SOCIALSCIENCE**

WEEK	CONTENT	C.W.	H.W.	DATE / ACTIVITY
WEEK1	Revision and Introduction of previous class.	Recall previous knowledge	Revise C.W.	-
WEEK2	Chapter - 1 (History) Places of Eminence- Investigate and Construct History.	Explanation about Important places in villages and towns, Collating various sources to build History.	Question- Answers and Read chapter again.	Historical Site Model: Divide the class into small groups and ask each group to create a 3D model of a historical site, using materials like clay, cardboard, or paper mache.
WEEK3	Chapter - 8 (Geography) Indian Subcontinent	Explanation about Weather and Climate, Factors affecting Climate of a region.	Question- Answers and Read chapter again.	Geographical Feature Research: Assign students a specific geographical feature of the Indian subcontinent to research, such as the Himalayas, the Ganges River, or the Thar Desert.
WEEK4&5	Chapter- 3 (Civics) Local Administration - Panchayat.	Explanation about Local Self Government , The Panchayati Raj System, The Block Level.	Question- Answers and Read chapter again.	<p>Role-Play</p> <ol style="list-style-type: none"> <li>Divide the class into small groups and assign each group a scenario related to Panchayat administration, such as: <ul style="list-style-type: none"> <li>A village meeting to discuss a new development project</li> <li>A Gram Panchayat meeting to allocate funds for village development</li> </ul> </li> <li>Ask each group to role-play the scenario, taking into account the functions and responsibilities of</li> </ol>

Panchayats.

**G.K**

WEEK	CONTENT	C.W.	H.W.	DATE / ACTIVITY
<b>WEEK 1</b>	Inspiring Inventor  Our Green Home	Discussing the inspiring Inventor of the science and technology  Discussing our Green homes how to build a mini garden in our home they hteach us responsibility, patience and the beauty of nature	Which invention do you think is the most useful for your community?Why?  Find out the self-assessment of page number -7	What would you invent if given a chance ? Why  Research two indoor plant that can be grown in india and conditions they require.Prepare a PowerPoint presentation and present it in class
<b>WEEK 2</b>	Talk it out  Say No to cyberbullying	Discussing the benefits of talking and sharing our feelings with loved one , group discussion,self talk  Explanation about cyberbullying their Do's and Don'ts ,3Rs and group discussion about a deep fake is a video, image or audio which is edited using artificial intelligence	What are the benefits of talking face to face over online chatting?  Find out the assessment of how deal with a cyberbullying Do page number -9 Do's and Don'ts exercise	We share our deepest feeling with trustworthy person who is that person in your life?  Prepare a posters on prevention from cyberbullying share it in class.

<b>WEEK 3</b>	Wild Wisdom	Explanation about wild Wisdom plant and animals	Find out the self-assessment of page number -11	Research how elephant use their and the threats they face because of them .Discuss your findings in class
	Unique Forest	Discussing the unique Forest in different area of world	Why do you think it is important to protect these unique Forest	Choose one of these forest and research more about it's ecosystem. What types of animals and plant exist there create a PowerPoint presentation and present in class
<b>WEEK4&amp;5</b>	Current affairs	Discussion about the ancient Vedas group discussion M.CQ question in worksheet	Revise the topics discussed in the class	find the picture of ancient Vedas and paste it.
	Test	Class revision chapter 1,2 M.C.Q based questions	Revise the chapters - 3,4 for quick revision related to chapter in M.C.Q based questions	

**SANSKRIT**

<b>WEEK</b>	<b>CONTENT</b>	<b>C.W.</b>	<b>H.W.</b>	<b>DATE / ACTIVITY</b>
<b>WEEK1</b>	प्रार्थना प्रथमः पाठः -वार्तालापः	शुद्धउच्चारणम् , अर्थ, कथनम् पुनरावृत्तिः लट्-लृट्-लकारयोः। शब्दकोश (धातु )	श्लोक को याद करके नोट बुक में लिखिए।	

<b>WEEK2</b>	प्रार्थना प्रथमः पाठः -वार्तालापः	खाद् लट्लकारः (खाना) , कृ- लृट्लकारः शब्दकोश (धातु )	प्रथमःपाठः- स्मरण अभ्यासाः कुरुत	* एक चार्ट पर 'पठ्' धातु के 'लट्' एवं 'लृट्' लकार में रूप लिखवाना।
<b>WEEK3</b>	द्वितीयः पाठः लङ्लकारः, (प्रथमः पुरुषः )	शुद्ध उच्चारणम् , अर्थ, कथनम् शब्दकोश,	रक्ष-लङ्लकारः , नम्-लङ्लकारः	व्याकरण ज्ञानवृद्धिः
<b>WEEK4&amp;5</b>	द्वितीयः पाठः लङ्लकारः, (प्रथमः पुरुषः )	लङ्लकारः नियम , उदाहरण, लेखनं एवंप्रयोग।  द्वितीयः पाठः अभ्यासाः कुरुत।	पठित , ज्ञानं , आत्मसात करणम्  अभ्यासा : कुरुत।	व्याकरण ज्ञानवृद्धिः

ART				
WEEK	CONTENT	C.W.	H.W.	DATE / ACTIVITY
<b>WEEK1</b>	•	<ul style="list-style-type: none"> <li>• Art festival</li> <li>• Sketch file</li> </ul>	<ul style="list-style-type: none"> <li>• Page no. 7</li> <li>• pencil shading to be done in file and in book as well.</li> </ul>	

WEEK2		<ul style="list-style-type: none"> <li>• Art festival</li> <li>• Sketch file</li> </ul>	<ul style="list-style-type: none"> <li>• Page no. 8 to 10</li> <li>• Drawing and shading to be done in file and in book as well.</li> </ul>	
WEEK3	•	<ul style="list-style-type: none"> <li>• Art festival</li> <li>• Sketch file</li> </ul>	<ul style="list-style-type: none"> <li>• Page no. 11</li> <li>• Step by step drawing and coloring to be done in file and in book as well.</li> </ul>	
WEEK4&5		<ul style="list-style-type: none"> <li>• Art festival</li> </ul>	<ul style="list-style-type: none"> <li>• Page no. 12</li> <li>• Drawing and colour pencil shading to be done in file and in book as well.</li> </ul>	

**SUPW**

WEEK	CONTENT	C.W.	H.W.	DATE / ACTIVITY
WEEK1	<ul style="list-style-type: none"> <li>• WEIGHT GAIN SMOOTHIE</li> </ul>	<b>Peanut Butter Banana Smoothie</b>  <b>Benefits:</b>  <b>High in Healthy Fats:</b> Peanut butter is a great source of healthy fats and		

		<p>protein.</p> <p><b>Rich in Potassium:</b> Bananas provide potassium, which is essential for muscle function.</p> <p><b>Protein Boost:</b> Greek yogurt helps with muscle building and recovery.</p>		
WEEK2	<ul style="list-style-type: none"> <li>• WEIGHT LOSS SMOOTHIE</li> </ul>	<p>Berry Protein Smoothie</p> <p><b>Benefits:</b></p> <p><b>Protein-Packed:</b> The protein powder helps keep you full and supports muscle maintenance during weight loss.</p> <p><b>Antioxidants:</b> Berries are rich in antioxidants, which help reduce inflammation and support overall health.</p> <p><b>Fiber-Rich:</b> Chia seeds or flax seeds add fiber, which can help regulate digestion and prevent overeating.</p>		

		<p><b>Low-Glycemic:</b> The use of berries and minimal banana keeps the sugar levels in check while providing natural sweetness.</p>		
<p><b>WEEK3</b></p>	<ul style="list-style-type: none"> <li>• <b>SMOOTHIE TO SUPPORT WOMEN'S HEALTH AFTER THE AGE OF 30</b></li> </ul>	<p>Sweet Potato &amp; Cinnamon Smoothie</p> <p><b>Benefits: Rich in Vitamin A:</b> Sweet potatoes are packed with beta-carotene (vitamin A), which supports skin health and immune function.</p> <p><b>Balances Blood Sugar:</b> The fiber and complex carbohydrates in sweet potatoes help balance blood sugar levels, preventing insulin spikes.</p> <p><b>Supports Skin Health:</b> Vitamin A in sweet potatoes is crucial for maintaining youthful, healthy skin.</p> <p><b>Heart Health:</b> Flaxseeds are rich in omega-3 fatty acids, which promote heart health.</p>		

<p><b>WEEK4&amp; 5</b></p>	<ul style="list-style-type: none"> <li><b>SMOOTHIE TO SUPPORT HEALTHY SKIN AND HAIR</b></li> </ul>	<p>Tropical Glow Smoothie</p> <p><b>Benefits:</b></p> <p><b>Vitamin C for Skin:</b> Mango and pineapple are rich in vitamin C, which boosts collagen production for firmer, youthful skin.</p> <p><b>Hydrates Skin:</b> Coconut oil and coconut water deeply hydrate your skin, helping to lock in moisture and keep it soft and glowing.</p> <p><b>Healthy Fats for Hair:</b> Coconut oil is great for nourishing hair follicles, promoting hair growth and shine.</p> <p><b>Omega-3s for Hair:</b> Chia seeds provide omega-3 fatty acids, essential for strong, shiny hair.</p>		<p>SS</p>
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